

Northern Valley Regional High School at Demarest
Health Office

August 2015

Dear Parent/Guardian:

By law, every NJ Board of Education must provide the biennial examination for scoliosis of every student between the ages of 10 and 18. Scoliosis is a lateral curvature of the spine most commonly detected during the adolescent growth period. The effect of scoliosis depends upon its severity, how early it is detected, and how promptly it is treated.

Grade 9 and Grade 11 students will be examined on **Wednesday, September 9, 2015**. If your child has a current physical on file with a documented scoliosis screening done, the student will be exempt.

If your child is under active treatment for scoliosis and you do not wish to have them screened, please attach documentation from your child's doctor and sign below.

If you would like your child to **not** have a scoliosis examination, please fill out the bottom of this form and have your child bring it in the day of examination or give to me before that date.

Sincerely,

Debra Mogelesky, RN, MS
School Nurse
768-3200, ext. 13360



Student's Name _____ Grade _____
(Please print)

_____ I **do not** wish my child to have a scoliosis examination done at school.

_____ My child is under active treatment and I would like them exempt.
(Medical Provider documentation required)

Parent/Guardian Signature

Date